

ANTI-RACISM CURRICULUM

SUMMER PRIOR TO FIRST YEAR

The Anti-Racism Summer Reading Program began over five years ago. For the past two years, we have assigned the Death Gap by Dr. David Ansell for incoming first-year students with a companion self-study guide. During the RMD 560 Foundations of Medical Practice Course, first-year students will participate in Death Gap small group discussions facilitated by a clinical faculty and upperclassmen (M2 students). The session will focus on understanding race as a social phenomenon and how various forms of racism: scientific, structural, institutional, etc., contribute to health inequities, specifically, the communities of Chicago's West Side.

FIRST YEAR

- Death Gap: Small Group Discussion
- Social Identity & Active Listening
- Oakley Square Community Panel
- Social Determinants of Health 1: Intro to Bio-Psychosocial Model: Place Matters
- Social Determinants of Health 2: Structural Racism and Unconscious Bias
- Social Determinants of Health 3: Race in Medicine
- Social Determinants of Health 4: Social Determinants of Health in Our Backyard
- R-CARE Taskforce Member

SECOND YEAR

- Death Gap: Small Group Facilitator
- R-CARE Curriculum Supplemental Resources
- Dismantling Bias Curriculum Review Team
- R-CARE Taskforce Member

THIRD YEAR

- History of Racism in Medicine Lecture
- Dismantling Bias in Clinical Medicine 3-Part Series
 - Social Identity, Active Listening & Receiving Feedback
 - Anti-racism Approaches in Clinical Medicine
 - Transition Awareness to Action
- Clerkship Racial Justice Health Equity Sessions

FOURTH YEAR

- Dismantling Bias Curriculum Review Team
- How to Be an Active Bystander to Create an Inclusive Environment

Rush University prides itself on providing an outstanding health sciences education and conducting impactful research in a culture of inclusion focused on promoting and preserving our diverse communities' health and well-being. To that end, at Rush Medical College, we believe that it is critical to teach students to have authentic dialogues and think critically about the historical injustices that underpin and currently impact modern-day clinical medicine in the United States.

R-CARE TASKFORCE

RMC Curriculum Advocacy, Research & Education (R-CARE) Taskforce's goal is to influence meaningful change throughout the Rush Medical College Curriculum (RMC) through the development of curriculum innovations in anti-bias & anti-racism medical education within the RMC curriculum. R-CARE Members seek to create and deliver curricula and pedagogy that promotes cultural agility, inclusive education, advocacy, and research. The ultimate aim of R-CARE initiatives is to equip medical students to be--and expand the capacity of staff and faculty to develop--physician leaders that will incorporate and facilitate anti-racism and anti-bias practices and dialogue.

GOALS OF ANTI-RACISM/BIAS CURRICULUM

- Recognize that race is a social construct and not a biological or genetic risk factor for disease
- Demonstrate a foundational understanding of the role of racism in contribution to health inequalities.
- Identify how race is used and misused in medical education, scientific research, policy and clinical care.
- Provide concrete mechanisms to incorporate antiracism and anti-bias approaches in one's everyday life and clinical practice.
- Describe and recognize upstream causes of illness.